

DAILY STAPLES

JACKET POTATO STATION

Please See Our Jacket Potato Station with a Choice of Hot & Cold Fillings

SALAD BAR

Three Daily Staple Salads

The Classics – Mixed Leaf, Cucumber, Tomato, Sweetcorn & Slaw

A Selection of Toppers – Crispy Onions, Croutons, Toasted Seeds.

Dressings – Classic Vinaigrette, Vegan Aoli, Berry Balsamic

WORKSOP COLLEGE

WEEK STARTING | MONDAY 2ND OCTOBER

Please Ask A Member Of Staff For Our Allergy Specific Meals



BREAKFAST

Build Your Own Breakfast With:

Grilled Bacon, Local Sausage, Fried Eggs, Beans, Grilled Tomato, Field Mushroom, Hash Browns & Toast

Our Breakfast Bar also includes, Porridge with Seasonal Toppers, Cereal Selection, Toast & Pastries with Preserves & Hydration Station

LUNCH

Monday Thai Green Chicken OR Red Chickpea (Ve), Curry, Rice, Asian Vegetables & Prawn Crackers

Tuesday Local Pork OR Vegan Sausage (V) & Mash, Gravy & Braised Red Cabbage

Wednesday Beef Bolognese OR Veggie Lasagne (V), Pasta, Garlic & Lemon Greens, Homemade Focaccia

Thursday Celebrating Black History Month – African One Pan Jalof Chicken & Rice OR Black Bean & Okra Rice Bowl (Ve) ,Served With Mashed Yams

Friday Battered Fish OR Salt & Vinegar Veggie Sausage (V) Skin On Chunky Chips & Chip Shop Sauces

HOT DELI

Monday Cheddar & Broccoli Puff Pastry Tart (V), Rocket & Balsamic Salad

Tuesday Hoi Sin Chicken Wings & Spicy Brown Rice

Wednesday Hasselback Potato, Blitzed Bacon, Crispy Onions & Ranch Lettuce Wedge

Thursday Chicken & Chorizo Loaded Boston Beans, Served with Cheddar & Herb Dumplings

Friday Broccoli & Stilton Soup with Croutons

DINNER

Monday Pizza Bar – See Our Selection of Topped Pizzas

Tuesday Masala Cod OR Tofu Curry, Rice & Poppadums

Wednesday Hunters Chicken Baguette OR Spiced Hummus Wrap (V), Served with Cajun Wedges

Thursday Roast Beef OR Squash & Lentil Cottage Pie (Ve) & Kale

Friday Three Cheese & Tomato Pasta Bake, Garlic Bread Slice & Chopped Salad

DESSERTS

Lookout For Our Chefs Selection of:

Homemade Cakes, Bakes & Beyond – From Trendy Traybakes to Classic Crowd Pleasers

Seasonal Fruit Pots

Homemade Flavoured Yoghurts

Grab & Go Dessert Pots

